



# Reclaim Wellness

A CENTER FOR HOLISTIC HEALING

1355 California Ave., Suite B | (575) 523-8951 | [www.reclaimlc.com](http://www.reclaimlc.com)

## Membership Services

**Individual Plan \$65/month**  
**2-party Plan \$110/month**  
**Family Plan \$240/month** (up to 6 members)  
**Corporate Plan \$300/month** (up to 10 members)  
*First 30 founding members will receive a special discounted rate and welcome package*

## Aura Camera

**24 page Aura Camera Report**  
\$30/\$15 Add On

**1 page Aura Camera Snapshot/Checkup**  
\$10/\$5 Add On

**1 page Aura Camera Snapshot/Checkup**  
Package of 4 Aura Camera Snapshots to track progress  
Buy 3, Get 1 FREE  
\$30 (\$7.50 each)

## Combo Services

**Two Hour Reiki/Massage Combo**  
Therapeutic massage customized to needs/desires of individual client. Application of essential oils included with every massage. Reiki Energy Healing session following massage.  
\$120

**Two Hour Light Facial/Massage Combo**  
60 Minute Photon Light Therapy plus  
60 Minute Full Body Massage  
\$120

**Aura Camera Report**  
Before and after 30 minute sound healing session  
\$45 (1 page after)/\$55 (24 pages after)

## Essential Oil Therapy

**45 Minute AromaTouch or Customized Essential Oil Treatment**  
Non-Massage, Topical Application of Essential Oils for Overall Health & Wellness  
\$55

**30 Minute Essential Oil Consultation**  
Learn more about Essential Oils for Overall Health & Wellness  
\$25

## Facial Services

**60 Minute - Photon Light Therapy**  
Photon Light Therapy targeting facial skin concerns  
\$65

**5 Photon Light Therapy Sessions**  
Buy 4, Get 1 FREE  
\$260 (\$52 each)

## Sound Healing

**30 Minute Sound Healing Session**  
\$35/\$25 Add On

## Ear Seeds

Buy 3, Get 1 FREE

**Basic Ear Seeds (Tan)**  
One Condition/One Ear  
\$10

Two Conditions/One Per Ear  
\$15

**Stainless Steel Ear Seeds (Clear)**  
One Condition/One Ear  
\$15/\$0 New Clients

Two Conditions/One Per Ear  
\$25

**Crystal Ear Seeds (Clear or Colored)**  
One Condition/One Ear  
\$20

Two Conditions/One Per Ear  
\$35

## Hypnosis

**2 Hour Intake & First Hypnosis Session**  
New Client or New Condition  
\$100

**90 Minute Follow-Up Hypnosis Session**  
Follow-Up Sessions for Prior Condition  
\$75

**Stop Smoking Hypnosis Package**  
Includes Program Instructions, Recording and 3 In-Person/Zoom Sessions  
\$250



Sanus Vita



Soothing Tortoise



Halcyon Health



Herbal Badger

## Ionic Foot Detox

45 Minute Ionic Foot Detox  
\$55/\$40 Add On

## Herbalism

30 Minute Herbal Consultation  
\$25

## Medical Services

DOT Physicals  
\$80

NM Medical Cannabis Card Evaluations  
\$120/ \$84 Medicare/Medicaid

Insurance - Primary Care Services  
Copay/Coinsurance  
Variable

Self Pay - Primary Care Services  
Self-Pay or No Insurance Office Visit  
\$60

Student/Sports Physicals  
\$20

### Kinesiology Taping

Non-invasive approach to treat pain and disability from athletic injuries, other physical disorders and even pregnancy.  
\$25

## Readings

Basic Numerology Reading  
\$20

Oracle Card Readings  
\$20/ 3-card spread  
\$40/ 7-card spread

\$60/ year ahead 13-card spread  
50% off in your birth month

## Reiki

Reiki Healing or Spiritual Cleansing  
\$55/\$45 New Client

Distance Reiki  
Reiki Healing or Spiritual Cleansing for Remote Clients  
\$45

Supercharged Reiki  
Two Reiki Practitioners working in tandem  
\$90

Package of 4 Reiki Sessions  
Buy 3, Get 1 FREE  
\$165 (\$41.25 each)

## Doula and Birthing Services

Please ask for our full Doula menu

### Hypnobirthing

Quality childbirth education program that guides and prepares a woman in giving birth in a peaceful and beautiful manner considering the psychological and physical well being of all parties.  
Starting at \$250

### Labor and Postpartum Doula Packages

Provides mothers and families with continuous physical, emotional and informational support before, during and shortly after childbirth to help achieve the healthiest, most-satisfying experience possible.  
Starting at \$700

## Massage

*Our massages are customized to your need.  
Massage length can be adjusted to your preference.  
Please let us know when you schedule.*

### Full Body Massage

Therapeutic massage customized to needs/desires of individual client. Application of essential oils included with every massage.  
\$75 60 Minutes/ \$105 90 Minutes/ \$130 120 Minutes

### 50 Minute Deep Tissue Massage

Therapeutic deep tissue massage customized to needs/desires of individual client. Application of essential oils included with every massage.  
\$65

### 30 Minute Reflexology Only

Hand & Foot Reflexology  
\$35

### 45 Minute Superficial Lymphatic Massage

\$50

### 90 Minute Manual Lymphatic Drainage Massage

With On Guard  
\$100

### 60 Minute Side Laying Massage/Pregnancy Massage

Please notify at time of scheduling appointment  
\$75

### Dual 60 Minute Massages (Adjoining Rooms)

Couples, Friends, Mother/Daughter, etc.  
\$110

### 60 Minute Sports Massage

Targeted therapeutic massage customized to needs/desires of individual client. Application of essential oils included with every massage.  
\$75

### 45 Minute Student Massage

\$45

### 30 Minute Child/Infant Massage

\$30

### Paraffin Treatment

Hands and Feet \$40

### Paraflex

Paraffin & Reflexology Combo - Application of paraffin wax to the hands, followed by 15 minutes of foot reflexology with essential oils. Upon removal of the paraffin, you will receive 15 minutes of hand reflexology, also with essential oils.  
\$50

### Medical Massage

Outcome-based massage, targeted to specific problem areas after an assessment by the medical massage therapist.  
\$75 60 Minutes/ \$105 90 Minutes/ \$130 120 Minutes

### Add On - Stones of Your Choice

Choose from Cryotherapy (Marble), Hot (Basalt), or Hot (Himalayan Salt Stones). Please notify at least 2 hours prior to appointment to ensure stones are prepared and available in advance of your scheduled appointment time.  
\$20

### Add On - Paraffin Treatment

Hands and Feet \$20

### Add On - Sound Healing

\$25

### Add On - 30 Minute Reflexology

\$25

### Add On - Massage Cupping

\$20